

# M E N U E X P R E S S RESTAURANT DELIVERY

985-875-7700

<http://www.menuexpressdelivery.com>

## Carreta's Grill Covington

A 35 cent to go fee may be added to your total by Carreta's.

### Lunch Menu

**Served Monday- Friday 11am-2pm.**

**Except for holidays**

- 1L. Carreta's Special Lunch \$9.95  
*Beef Burrito, Chalupa, and Ground Beef Enchilada*
- 2L. Chile Ranchero \$10.95  
*Chile Poblano stuffed with Queso Fresco wrapped with a strip of Carne Asada then topped with Ranchero Sauce and Carretas Cheese Dip.*
- 3L. La Mexicana Lunch \$9.95  
*Chicken Quesadilla, Ground Beef Enchilada and order of Rice*
- 4L. Lunch Chimichanga  
*Deep Fried folded burrito topped with Carreta's Cheese Dip served with rice and beans. Your choice of: Sh. Chicken, Gr. Beef, Mushroom \$9.25 / Steak or Gr Chicken/ \$10.25 / Shrimp \$10.95.*
- 5L. El Pepito Lunch \$10.95  
*Carne Asada strip or Grilled Chicken Breast served with rice, beans and Pico de Gallo*
- 6L. Julio Cesar Salad Lunch \$7.25  
*Chopped Romaine lettuce, grated parmesan cheese, croutons, Ceasar dressing. Your choice of: Gr. Chicken or Steak add \$2.70 / Grilled Shrimp add \$4.70*
- 7L. Los Rancheros Lunch \$12.95  
*2 overeasy eggs served along side a strip of Carne Asada over a corn tortilla. Accompanied by rice, beans and Pico de Gallo*
- 8L. Taco Salad Lunch  
*Hand made Taco salad shell filled with shredded lettuce, sour cream, choice of meat. Along with side of beans. Meat Choices are: Sh. Chicken, Gr. Beef or Mushrooms \$10.95 / Steak 12.95 Grilled Chicken \$11.95 combo Steak, Chicken, & Shrimp \$12.95*
- 9L. Fajitas Lunch  
*Served with rice, beans, and order of tortillas. Choice of: Steak 12.95, Grilled Chicken 11.95 Mushroom 9.95 / Steak & Chicken \$12.95/ Grilled Shrimp \$13.50/ Combo Steak, Chicken & Shrimp. \$13.95*
- 10L. La Tapatia Lunch  
*Shredded Chicken Quesadilla served with sour cream and guacamole. Choice of: Spinach or Mushroom \$7.25./ Shredded Chicken or Ground Beef \$8.25 / Steak \$9.95 or Grilled Chicken \$9.25 / Grilled Shrimp. \$10.25*
- 11L. La Bamba \$10.95  
*Ground Beef Enchilada, Ground Beef Burrito and Hard Taco*

### Taqueria

**Choose from North of the Border**

**Style: Flour tortilla with lettuce OR**

**Traditional: Corn tortilla with cilantro**

To go fee \$0.35

### Appetizers

- 47. Guacamole Dip  
*Fresh Avocados, diced onions, diced Tomatoes, chopped cilantro, all blended for a tasty dip. Small \$6.25 / Large \$9.95*
- 48. Carreta's Cheese Dip  
*Our House specialty. Small \$5.95, med \$11.95*
- 49. New Carreta's Sampler \$12.95  
*2 mini Chimis, Quesadilla and Flautas served with sour cream, guacamole, lettuce and cheese dip. Choice of ground beef or shredded chicken.*
- 50. Tortilla Soup \$6.95  
*Homemade tortilla strips, asadero cheese and avocado. Add Shredded Chicken \$1*
- 51. Choriqueso \$12.95  
*Carretas' take on classic queso fundido.*
- 52. Popeye's Dip \$11.50  
*Grilled Spinach and Artichokes mixed with Carretas Cheese Dip*
- 53. Ceviche \$13.95  
*Chopped shrimp, marinated in fresh lime juice then mixed with onions, cilantro, and fresh tomatoes. Served with choice of saltines or tostadas.*
- 54. Bean Dip \$9.75  
*Our delicious refried beans topped with Carretas Cheese Dip.*
- 55. Avocado Fries \$9.95  
*Seasoned and breaded avocado slices that are deep fried and served with house chipotle sauce*
- 56. Chipotle Shrimp \$11.95  
*8 Grilled jumbo imported shrimp topped with our house chipotle sauce*
- 57. Nachos Carreta  
*Shredded Lettuce, Pico de Gallo, Sour Cream, Cheese, Jalapenos and beans. Your choice of: Cheese \$8.95/ Gr Beef or Shredded Chicken \$9.95/ Steak 11.95, Grilled Chicken \$10.95*

### Enchiladas

- 59. Enchiladas Potosinas \$15.95  
**Dinner**  
*3 Cheese Enchiladas with a piece of Carne Asada. Served with beans, Pico de Gallo, and side of Guacamole over lettuce.*
- 60. Enchiladas Trio Dinner \$13.95  
*3 Gr. Beef or Sh. Chicken Enchiladas and Guacamole Salad.*
- 61. Enchilada Dinner  
*2 Enchiladas with red sauce. Served with beans and rice. Cheese, Ground Beef 11.95, Shredded Chicken \$12.95*
- 62. Enchiladas El Dueno Dinner  
*4 Gr. Chicken or Steak enchiladas*

### Wraps and Salads

- 77. Taco Salad  
*Shredded lettuce, Cheese, Sour Cream, Guacamole and Diced tomatoes. Choice of: Steak 15.50, Grilled Chicken 13.95, or Portabella Mushroom/ 13.50 Shrimp 14.95 Ground Beef or Shredded Chicken 13.95*
- 78. New Southwestern Salad  
*Chopped romaine lettuce, sliced avocado, roasted corn, black beans, and tortilla strips served with avocado poblano ranch dressing. Steak 15.95 /or Grilled Chicken \$14.95 / Shrimp 16.95 or Mahi \$17.95.*
- 79. Mayan Salad  
*Chopped Romaine lettuce, topped with hand battered Shrimp or Grilled Mahi, corn tortilla strips and choice of our dressings. Fried Shrimp \$14.95 / Grilled Mahi \$17.95*
- 80. Mayan Wrap  
*Chopped Romaine lettuce, filled with Grilled Mahi or Shrimp, corn tortilla strips and choice of our dressings. Shrimp \$14.95 / Mahi \$14.95.*
- 81. Caesar Salad  
*Romaine lettuce, parmesan cheese, croutons topped with Our House Caesar Dressing. Steak 15.50 / Grilled Chicken \$13.95/ Shrimp \$14.95*
- 82. Caesar Wrap  
*Romaine lettuce, parmesan cheese, croutons topped with Our House Caesar Dressing. Wrapped in Chipotle or Spinach wrap. Steak 15.50 / Grilled Chicken \$13.95 / Shrimp \$14.95.*
- 85. Burritos Verdes Dinner \$14.95  
*2 Steak or Grilled Chicken burritos topped with Salsa Verde. Served with rice, beans, and Guaca Salad.*
- 86. Burrito Supreme Dinner \$14.95  
*Ground Beef or Shredded Chicken and bean burrito. topped with shredded cheese, lettuce, sour cream, and guacamole.*
- 87. Tex-Mex Burrito Dinner \$14.95  
*Choice of any of our Taqueria meats, Lettuce, pico de gallo, Sour cream. All rolled up into a Flour Tortilla.*
- 88. California Burrito Dinner \$14.95  
*Choice of our Taqueria meats, rice, beans, guacamole, onions, cilantro. All rolled into a Flour Tortilla*
- 89. Fajita Burrito  
*Choice of Steak 16.95 or Grilled Chicken, 15.95, rice, beans, grilled bellpeppers, all wrapped in a flour tortilla. topped with Carretas Cheese Dip. Its a FAJITA ON DA GO.*
- 90. Burrito Dinner (Ground \$13.95

**and onion. Choice of meat: Carne Asada, Al Pastor, Grilled Chicken, Shrimp, Ground Beef or Shredded Chicken.**

1. North of the Border Tacos  
Flour tortilla with lettuce.
2. Traditional Tacos  
Corn tortilla with cilantro and onions.

**A la Carte**

3. Chimichanga a la carte  
Shredded chicken \$6.95 / Grilled chicken \$6.95 / Ground beef \$6.95 / Mushroom \$6.45 / Shrimp \$7.25 / Shredded beef \$6.95 / Steak \$7.25
4. Chalupa a la carte \$4.50  
Crispy flat Tortilla with beans, lettuce, guacamole
5. Tostada a la carte \$5.50  
Crispy fried tortilla with ground beef, lettuce, sour cream
6. Enchilada a la carte  
Cheese \$2.95/ Shredded chicken \$2.95 / Shrimp \$4.50/ Steak \$3.95/ Grilled chicken \$3.95
7. Quesadilla a la carte  
Cheese \$4.50/ Shredded chicken \$5.50/ Grilled chicken \$6.25/ Ground beef \$5.50/ Steak \$6.25 / Shrimp \$6.75/ Spinach \$5.25
8. Flautas a la carte (2)  
Shrimp \$3.25/ Shredded beef \$2.95 Shredded chicken \$2.95
9. Tamales a la carte \$6.95
10. Chile Relleno a la carte  
Ground beef \$5.95/ Cheese \$4.75 / Shredded beef \$5.45 / Shredded Chicken \$5.45 / Shrimp \$6.25

**Extras**

11. Rice \$2.95
12. Beans \$2.95
13. Extra Bag of Chips Small \$1.50
14. Extra Bag of Chips Large \$2.50
32. Extra Salsa Large 16 ounces \$3.50
15. Extra Small 4 oz. Salsa \$2.25
- Small extra chips and salsa \$3.50
16. Large extra chips and salsa \$5.50
17. Grilled Onions \$1.00
18. Pickled Jalapenos \$0.50
19. Spicy Salsa \$1.50
20. Cilantro \$0.50
21. 2 oz. Cheese Dip \$1.50
22. 2 oz. Guacamole \$1.50
23. Sour Cream \$1.25
24. Pico de Gallo \$1.50
25. 3 Flour Tortillas \$1.50
26. Shredded Cheese \$2.00
27. 3 Corn Tortillas \$1.50
28. 3 Corn Tortillas \$1.50
29. Salsa Verde \$1.95
30. Avocado Slices \$2.00
33. Diced Tomatoes \$1.50
34. Shredded Lettuce \$1.50
35. French Fries \$3.25
36. Wheat Chips \$2.25
37. Chiles Toreados \$4.25

**Beverages**

38. Soft Drink \$3.25  
Choose from Coke, Diet Coke, Sprite, Barq's Root Beer, Lemonade, Dr. Pepper
39. Gallon Lemonade \$10.00
40. Gallon Iced Tea \$10.00
41. Iced Tea \$2.50

topped with sour cream, asadero cheese, salsa verde, and cilantro.  
Grilled Chicken 15.95 / Steak 16.50

63. Enchiladas Verdes Dinner  
3 Steak or Gr. Chicken or steak enchiladas topped with Salsa Verde. Served with beans, rice, and side of sour cream over lettuce. Chicken 15.50 / Steak 16.95
64. Bayou Enchiladas \$16.95  
4 Shrimp enchiladas topped with a Creamy Cajun sauce.

**Quesadillas**

65. Veggie Quesadillas Dinner \$12.95  
Two Spinach or Portabella Mushrooms accompanied by a guacamole salad.
66. Quesadilla Dinner  
Choice of: Cheese, Ground Beef, Shredded Chicken, or Cheese 11.95/ Steak 12.95 Grilled Chicken 12.95 or Shrimp 14.95 Served with Beef enchilada and side of rice
67. La Gallina  
Quesadilla served with rice and beans. Choice of: Grilled Chicken \$11.95 / Steak \$13.95 / Shrimp \$13.95
68. La Tapatia  
Cheese quesadilla served with sour cream guacamole, and shredded lettuce. Ground Beef \$10.95, Shredded Chicken \$10.95 / Steak \$11.95 / Grilled Chicken \$10.95/ Shrimp \$12.95

**De La Plancha**

69. Fajitas  
Our Famous Fajitas. Served with beans, rice, flour tortillas, sour cream, pico de gallo and guacamole. Your Choice of: Portabella Mushrooms \$13.95/ Grilled Chicken \$15.95/ Skirt Steak \$17.75/ Shrimp \$17.50/ Texas 18.95
70. Fajitas for 2  
Our Famous Fajitas. Served with beans, rice, flour tortillas, sour cream, pico de gallo and guacamole. Your Choice of: Portabella Mushrooms \$26.00/ Chicken \$26.00/ Steak \$32.00/ Shrimp \$34.00/ Chicken AND Steak \$32.00/ Texas(Shrimp, Chicken, and Steak) \$34.00
71. El Felipito \$16.95  
Our Carne Asada served on bed of Papas de Casa topped with asadero cheese and Grilled Portabella Mushrooms. Served with side of beans.
72. Carne Asada \$17.95  
Our delicious seasoned Skirt Steak served with Sauteed onions, beans, rice, pico de gallo, sour cream, guacamole, and lettuce.
73. Carne Al Pastor Steak \$16.95  
Marinated then Grilled Pork Steak served with our Pineapple salsa Served with black beans, sour cream, and guacamole.
74. Carnitas \$15.95  
Chunks of slow cooked Pork Shoulder and grilled onions. served with beans, pico de gallo, and side of guacamole. Tortillas upon request.
75. Pollo Loco \$14.95  
Grilled Chicken breast topped with spinach, asadero cheese, and onions. Served with side a Steamed veggie medley.
76. Parrillada De Campo \$59.95  
Serves 3-4 ppl. Carne Asada, Grilled Chicken Breast, and our house chorizo, along with 8 Grilled

**Beef)**

- Ground Beef Burrito topped with Enchilada sauce served with rice and beans.
91. Burrito Vegetariano Dinner \$12.95  
Bean Burrito and Cheese Enchilada. Served with rice.
  92. Burrito con Queso  
Our large burrito topped with Salsa Roja and our signature cheese dip. Choice of Ground Beef or Shredded Chicken \$10.95 / Steak \$12.95 / Grilled Chicken \$11.95

**Carreta's Favorites**

93. Carretas Special \$13.95  
Gr Beef Burrito, Gr Beef Enchilada, Chalupa, and Gr Beef Taco.
94. Favorite Dinner \$10.95  
Cheese Enchilada, Gr. Beef Taco, rice and beans.
95. Chimichanga Dinner  
Deep fried Burrito topped with Carretas Cheese Dip. Served with beans, rice, and Sour Cream over shredded lettuce. Choice of: Gr. Beef, Sh. Chicken \$12.95/ Steak, \$15.50/ Gr. Chicken \$13.95/ or Portabella Mushrooms \$12.95/ Shrimp \$14.95.
96. Carreta's Classic Burger \$11.95  
8 oz. Black angus patty served on a Brioche bun. Toped with swiss cheese, lettuce, tomato and onions. Served with order of fries
97. Chile Ranchero \$13.95  
Chile Poblano stuffed with Queso Fresco and wrapped with a piece of Carne Asada. Served with side of rice.
98. El Poblano \$13.95  
Cheese Chile Relleno, Cheese Enchilada, Gr. Beef Taco, rice and beans.
99. Flautas Mexicanas \$12.95  
Our Shredded beef or Shredded Chicken flautas served on a bed of lettuce topped with sour cream and sliced avocado.
100. Tamales Locos \$12.95  
Two pork tamales served with rice and topped with ranchero sauce.
101. Guaca Tacos \$11.95  
Soft Corn tortillas filled with our Housemade Guacamole. Served with small house salad. Wheat tortillas available upon request.
102. Plato Vegetarian Dinner \$12.95  
Cheese Enchilada, Chalupa. Served with Beans and rice.
103. Tacos Carretas \$13.95  
Order of 4 taqueria style tacos. Served with a Chile Toreado and side of beans. hoice of Carnitas, Steak, Grilled Chicken, Pastor or Chorizo

**Del Mar**

104. Monterrey Grilled Dinner  
Grilled Jumbo Shrimp \$15.95 or Mahi Mahi \$17.95 served with Carreta's Cheese Dip, rice, and Steamed veggie medley.
105. Coctel De Camaron \$15.95  
This Mexican shrimp cocktail is a healthy and flavorful dish with chilled shrimp in a tomato sauce with avocado and cilantro served with saltines
106. La Paz Tacos  
3 Soft Corn Tortilla with shredded Cabbage dressed with our House made Chipotle Dressing. Choice of Fried Fish \$12.95 Grilled Mahi Mahi \$14.95 or Shrimp 12.95

- 42. Perrier Soda Water \$3.00
- 43. Juice \$3.95  
*Choose from Orange, Apple, Cranberry or Pineapple*
- 44. Milk \$3.75
- 45. Coffee \$1.95  
*Decaf or Regular*
- 45. Shirley Temple (Cherry Sprite) or Roy Rogers( Cherry Coke) \$3.00

*Shrimp. Served with rice, beans, sour cream, pico de gallo, bread, black beans, and guacamole.*

- 107. San Pedro Shrimp \$14.95  
*Our grilled jumbo shrimp topped with our signature San Pedro sauce. Served with a side of rice and french bread.*

### **Kid's Menu**

***For kids 12 and under***

- 108. Kid's Chicken Nuggets \$5.75
- 109. Kid's Quesadilla \$6.25
- 110. Kid's Enchilada \$6.25
- 111. Kid's Burrito \$6.45
- 112. Junior Hamburger \$6.95
- 113. Kid's Taco \$5.95
- 114. Kid's Cheese Pizza \$6.25

### **Desserts**

- 115. Flan \$6.95  
*Baked custard topped with homemade Caramel sauce. Garnished with Whipped Cream.*
- 116. Sopapillas \$6.95  
*Fried Puff Pastry filled with honey . and chocolate sauce*
- 117. Churros \$6.95  
*Thick fritter rolled in sugar and cinnamon.*
- 118. Fried Ice Cream \$6.95  
*Vanilla ice cream coated in crunchy corn flakes and deep fried. Garnished with Whipped cream and cherry*

### **Need Utensils?**

- 120. Add Utensils